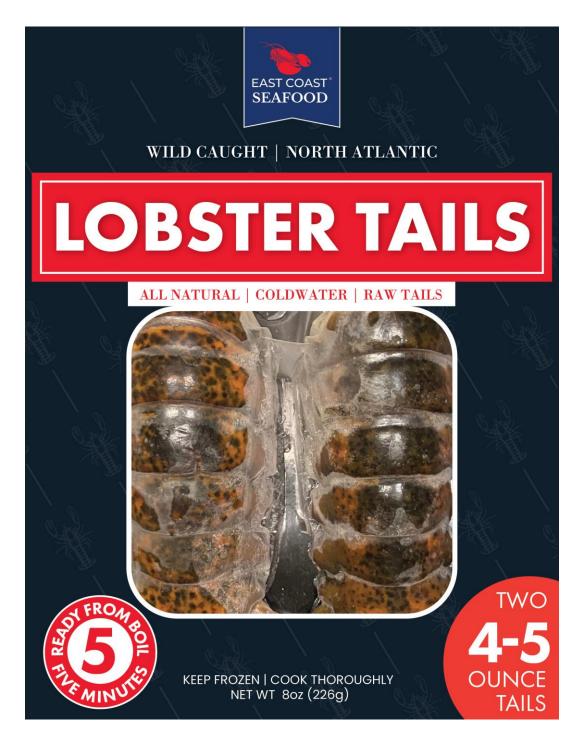
EAST COAST SEAFOOD C O M P A N Y

8oz Twin Lobster Tails (4oz Tails)





*Codes Subject to Change

Item Code: 82047	Inner Unit Dimensions: 7.125" x 9.5" x 1.625"	
Net Weight: 8oz	Master Case Dimensions: 15.125" x 10.125" x 12.5"	
Master Case Pack: 14	TI x HI: 10x5	
UPC 12 Digit: 671718820473	Storage Instructions: Keep Frozen	
GTIN 14 Digit: 40671718820471	Shelf Life: 24 months from date of manufacture	
Code Data Format: MANA DD VVVVV		

Code Date Format: MM-DD-YYYY

PRICE:	
Minimum Order Qty:	Lead-Time:

Cooking Instructions

- 1. BOIL: Bring a pot of water to a boil. Place the thawed lobster tails in the water on high heat until slow boil is reached again. Reduce heat and simmer uncovered for 5 minutes or until lobster meat turns pearly and opaque.
- 2. GRILL: Insert knife carefully in score of thawed lobster tail to fully split lengthwise or butterfly and brush meat side of tail with butter or marinade. Place tails, meat side down, on preheated grill (medium heat). Cook for 10 to 12 minutes, turning once, and basting frequently until pearly and opaque.

Tails should be cooked to an internal temperature of 145°F

INGREDIENTS: Lobster

CONTAINS: CRUSTACEAN SHELLFISH (Lobster) Homarus americanus

Nutrition Facts

Serving size

85a

Amount per serving Calories

% Daily Value*
0%
0%
37%
17%
0%
0%
ars 0%
0%
6%
0%
4%

a day is used for general nutrition advice.