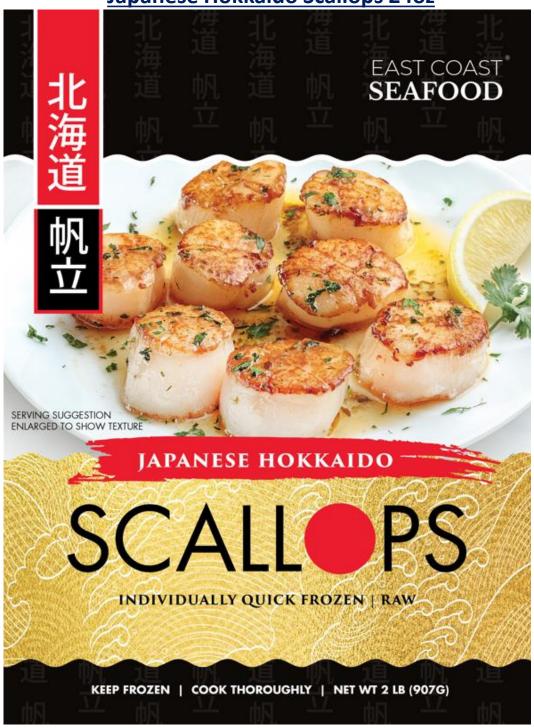


Japanese Hokkaido Scallops 24oz





Product Code: 42430	Inner Unit Dimensions: 8.125" x 12.625" x 1.625"
Net Weight: 24oz	Master Case Dimensions: 19.75" x 15.25" 10.75"
Master Case Pack: 16	T x H: 6x4
UPC 12 Digit: 671718424305	Storage Instructions: Keep Frozen
GTIN 14 Digit: 70671718424304	Shelf Life: 24 months from date of manufacture
Code Date Format: MM-DD-YYYY	

Cooking Instructions

In a saucepan heat butter and garlic slowly. Discard garlic. Add the scallops and cook 3-4 minutes on one side. Flip the scallops and cook for another 2-3 minutes, until internal temperature of 145°F is achieved. remove from pan and season with salt and pepper and serve immediately with lemon. Enjoy!

INGREDIENTS: Scallops

CONTAINS: Molluscan Shellfish (Scallops)

Nutrition Facts		
4 servings per container Serving size 4 oz (1/2	2 cup) 112g)	
Amount per serving Calories	80	
% Daily Value⁺		
Total Fat 0.5g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 150mg	7%	
Total Carbohydrate 2g	1%	
Dietary Fiber 0g	0%	
Total Sugars 0g		
Includes 0g of Added Sugars	0%	
Protein 17g		
Vitamin D 0mcg	0%	
Calcium 9mg	0%	
Iron 0mg	0%	
Potassium 386mg	8%	
*The % Daily Value (DV) tells you how much a		

nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition

advice