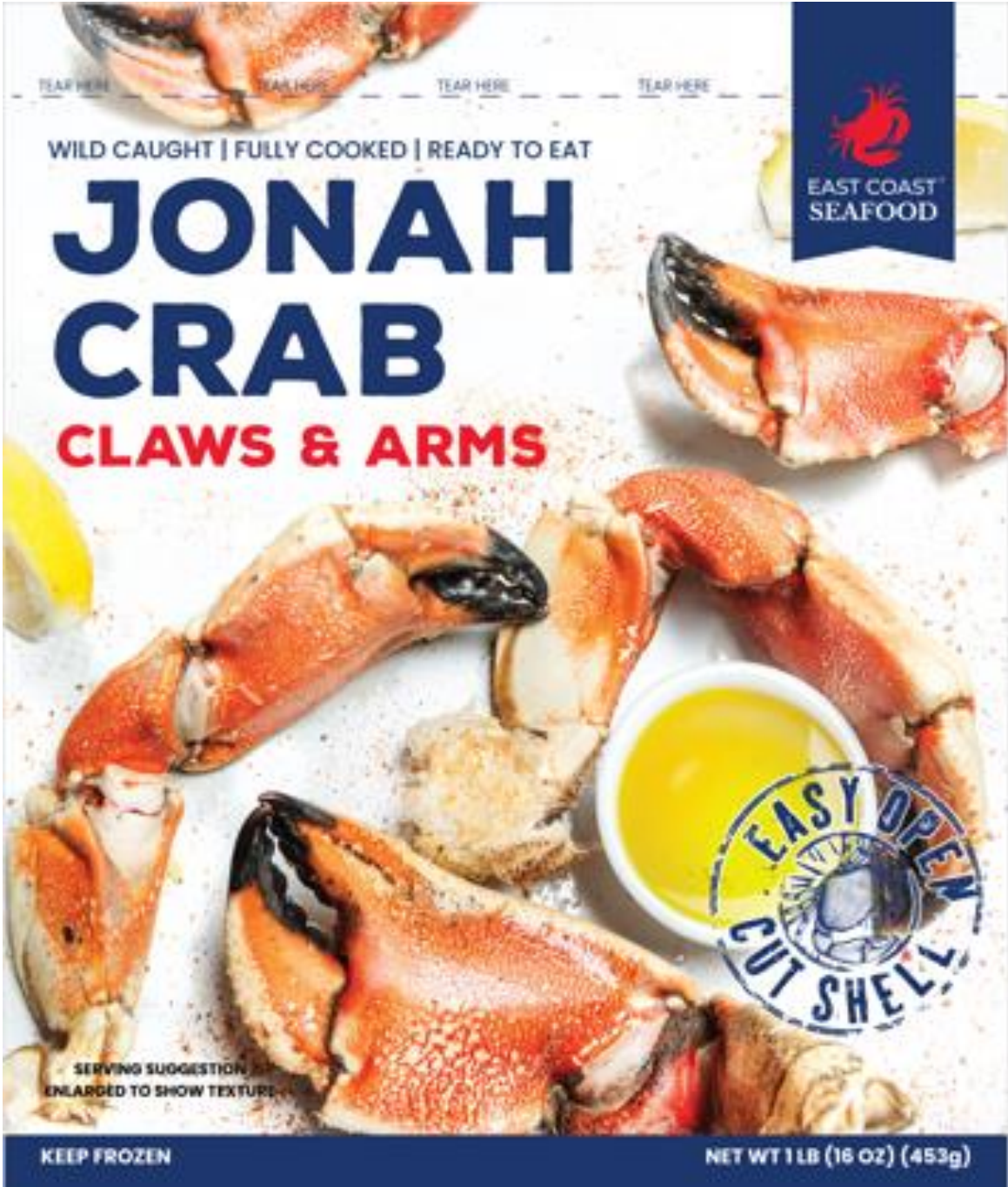


**EAST COAST SEAFOOD
COMPANY**

1lb Frozen Cooked Scored Jonah Crab Claw and Arms



*Codes Subject to Change

Item Code: 82126	Inner Unit Dimensions: *7.5" x 12.375" 3.5"
Net Weight: 1lb	Master Case Dimensions: 15" x 11" x 10.75"
Master Case Pack: 10 x 1lb	T x H: 10 x 6
UPC 12 Digit: 671718821265	Storage Instructions: Keep Frozen
GTIN 14 Digit: 50671718821260	Shelf Life: 24 months from date of manufacture
Code Date Format: MM-DD-YYYY	

- 1lb frozen already cooked scored Jonah crab claw and arm
- Flash Frozen to Lock in all that sweet mouthwatering flavor
- Fully Cooked just heat and enjoy!

Cooking Instructions

1. Keep Frozen - Crab claws should be kept frozen. Once thawed, store in the refrigerator and use within 2 days. Do Not refreeze claws.
2. Thawing: Crab Claws can be placed in refrigerator overnight or run under cold water in colander for 7-10 minutes.
3. Warmed: Bring pot of water to a rolling boil and place claws into water for 2-3 minutes. Drain water, remove claws from pot, and enjoy. Thawed claws may also be microwaved by placing the claws on a microwave safe dish for 1-2 minutes on low setting.

INGREDIENTS: Jonah Crab

CONTAINS: CRUSTACEAN SHELLFISH (JONAH CRAB)

Nutrition Facts

Serving Size	3 oz (85g)
<small>Amount per serving</small>	
Calories	70
	<small>% Daily Value*</small>
Total Fat 0g	0%
<small>Saturated Fat 0g</small>	
<small>Trans Fat 0g</small>	
Cholesterol 30mg	10%
Sodium 320mg	14%
Total Carbohydrate 0g	0%
<small>Dietary Fiber 0g</small>	
<small>Total Sugars 0g</small>	
<small>Includes 0g Added Sugars</small>	
Protein 18g	
<hr/>	
Vitamin D 1.3mcg 6%	Calcium 520mg 40%
Iron 0mg 0%	Potassium 200mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.